



# Travelling Surgical Society of Great Britain and Ireland Autumn Meeting 2018, Cardiff

27<sup>th</sup> - 29<sup>th</sup> September 2018

The next TSS meeting will be held in Wales' vibrant capital city, Cardiff. The academic day will be based at the University of Wales Hospital.

Staying at the Hilton Cardiff, located in the City Centre, you will have Cardiff Castle, the Principality Stadium, Bute Park, The National Museum of Wales and no end of shops on your doorstep.



*Hilton Cardiff*

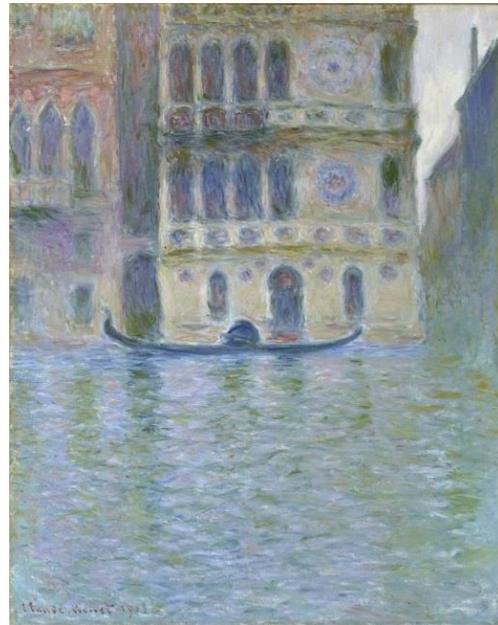
On arrival at the hotel, you will be welcomed with a hot buffet lunch in the Sophia Suite at the Hilton.

From there we will cross the road to Cardiff Castle where we will enjoy a group tour. Cardiff Castle is one of Wales' leading tourist attractions, with the original part of the Castle dating back to the late 11<sup>th</sup> Century.



*Cardiff Castle*

In the evening, you will attend a drinks reception in the Impressionist Gallery at the National Museum of Wales where you can enjoy the works of Monet, Van Gogh and Cézanne.



*The Palazzo Dario Claude Monet (1840–1926)*

Drinks will be followed by a three-course dinner in the Grand Hall at the National Museum of Wales.



*The Grand Hall, National Museum of Wales*

The following day, the surgeons will attend an all-day meeting at Wales' largest hospital, the University Hospital of Wales, located in Heath Park. Information on the academic programme will be distributed at a later date.



*University Hospital of Wales*

We are anticipating that senior doctors, academics, cancer research scientists, Welsh surgical trainees and students from Cardiff University will attend the academic sessions. The meeting will bring together elite speakers and distinguished representatives who will share their knowledge, experience and research in surgery, medicine, science and healthcare particularly relating to cancer and transplantation. The meeting will showcase the areas in which Wales, and Cardiff in particular, are leading the UK in areas of research and clinical practice.

For partners, there will be a trip to St Fagans Museum of Welsh Life. St Fagans is an open-air museum with over forty original buildings from different historical periods which have been re-erected on site including houses, a farm, a school, a chapel and a Workmen's Institute.



*St Fagan's Museum of Welsh Life*

The coach will bring partners back to the hotel in plenty of time for those who wish to explore Cardiff city centre. Cardiff has recently been named the 6th best shopping destination in the UK with traditional Edwardian and Victorian arcades as well as ultra-modern shopping centres to choose from. To break up your day, there are plenty of cafés, restaurants and bars to suit all tastes.



*City Centre Shopping*

In the evening you will attend a black tie dinner in the spectacular Banqueting Hall at Cardiff Castle, a venue used by the Bute family for grand entertaining. A drinks reception in the Library will take place beforehand.



*Cardiff Castle Banqueting Hall*

The final day of the programme will start with the AGM in the Sophia Suite at the Hilton. Following the meeting, we will take a boat from Bute Park to Cardiff Bay. En route we will pass the Principality Stadium, formerly named the Millennium Stadium, originally built to host the 1999 Rugby World Cup.



*Principality Stadium*

Cardiff Bay, a large waterfront development, is a fascinating area to have a stroll. The Pierhead Building, The Senedd (National Assembly for Wales building), the Wales Millennium Centre, the Norwegian Church and many more places of interest can be found in the Bay. Mermaid Quay also has plenty of restaurants, bars and cafés to enjoy a lunch before returning to the hotel to depart.



*The Pier Head Building and the Millennium Centre at Cardiff Bay*

## Itinerary 27- 29<sup>th</sup> September 2018

### Thursday 27<sup>th</sup> September

Am Arrive at Hilton Cardiff by midday  
Pm Buffet lunch in the Hilton  
Tour of Cardiff Castle  
Eve Drinks reception in the Impressionist Gallery, National Museum of Wales, followed by dinner in the Grand Hall.

### Friday 28<sup>th</sup> September

Am All-day meeting at the University Hospital of Wales. Lunch provided.  
Partners to visit St Fagans Museum of Welsh Life or explore Cardiff City Centre.  
Eve Black tie event. Drinks reception in Cardiff Castle Library followed by dinner in the Banqueting Hall.

### Saturday 29<sup>th</sup> September

Am AGM in the Hilton  
Boat Trip to Cardiff Bay  
Optional lunch  
PM Return to the hotel and depart

## Registration

Please complete and return the attached booking form to Col Simon Mellor at [simon.mellor@btinternet.com](mailto:simon.mellor@btinternet.com)

For payment please make an electronic transfer to the TSS bank account. Alternatively you may post the attached form along with a cheque to: Simon Mellor, Hon Secretary TSS, Old Schoolhouse, Winterbourne Monkton, Swindon SN4 9NW

## Accommodation

A group booking has been made at the Hilton Cardiff, Kingsway, Cardiff CF10 3HH. Tel: 029 2064 6300. A link will be sent to you in due course so you may make your booking.

Nearest train stations are Cardiff Central and Queen Street.

### Standard Rooms

Single occupancy (for 2 nights, breakfast, inc VAT) £210

Double occupancy (for 2 nights, breakfast, inc VAT) £230

### Executive Rooms

Single occupancy (for 2 nights, breakfast, inc VAT) £358

Double occupancy (for 2 nights, breakfast, inc VAT) £378

Car parking is available at the hotel for £25 per night. Please pull up outside the main entrance and the valet service will take care of your vehicle.

## Cost of Tour: £320 per person not including accommodation

Please note cost **excludes**:

- Hotel accommodation
- Transport to and from the hotel on arrival and departure day
- Lunch for partners on 28<sup>th</sup>
- Optional lunch on 29<sup>th</sup>

## Contact Information

If you have any questions, please contact Col Simon Mellor at [simon.mellor@btinternet.com](mailto:simon.mellor@btinternet.com)