



Experience the majesty of Niagara Falls

Travelling Surgical Society  
of Great Britain and Ireland –  
Tour to Toronto

3 – 11 June 2016



Jon Baines  
tours



Toronto harbour . Credit: Tom Moores

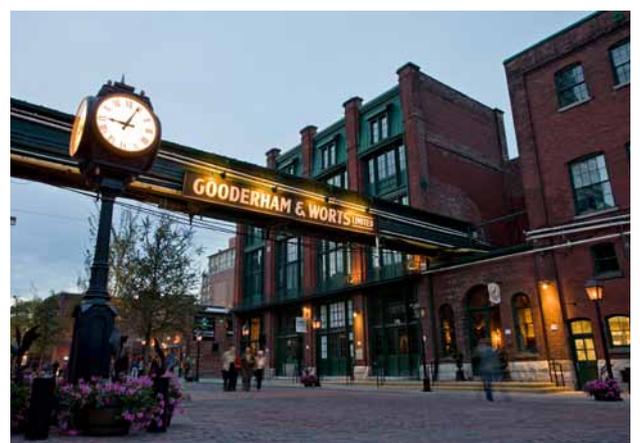
**Perched on the edge of Lake Ontario and first inhabited by the Huron First Nation before becoming a French fort and then a British garrison town, Canada's largest city is today dynamic and diverse. Arrive in Toronto and transfer to your hotel. Your first evening is at leisure to settle in and relax after your journey.**

Take a city tour by coach the next morning and visit the fashion and financial districts and sights including the CN Tower, the harbour front, Casa Loma, St Lawrence Market, Old and New City Hall, the University and Parliament buildings. There will be free time to explore the lovely harbour front before lunch there, followed by a harbour cruise. Later in the afternoon return to the hotel to freshen up before the President's Reception Dinner at the CN Tower.

Next morning visit St Lawrence Antiques Market, a vibrant Sunday market selling an eclectic array of collectibles ranging from valuable antiques to funky retro pieces. Spend the morning browsing and enjoying the atmosphere before an afternoon tour of the Distillery District, where you will hear stories of business intrigue, a drunk city and the alcohol

company that would become the largest in the world before it was shuttered in 1990. Sample beer and chocolate tastings at Soma Chocolate and Mill Street Brewery on the way.

Delegates spend the next day at a meeting at Mount Sinai Hospital, while partners visit the Art Gallery of Ontario, a very impressive art gallery known for its extensive collection of Henry Moore works. In the afternoon, partners will visit the Gardiner Museum of Ceramics, containing a collection that spans continents and time, as well as being a winner of multiple architectural awards. This evening there will be a dinner hosted by Dr James Rutka, Professor & Chair of the Department of Surgery, University of Toronto.



Explore the Distillery District. Credit: Clifton Li



Bata Shoe Museum. Credit: Clifton Li

Next day, delegates will attend a meeting at St Michael's and Sunnybrook Hospitals. Partners will have a guided visit to Bata Shoe Museum, a charming and frequently surprising museum with over 10,000 shoes in four impressive galleries ranging from Chinese bound foot shoes and ancient Egyptian sandals to chestnut-crushing clogs and glamorous platforms. Partners will spend the afternoon at leisure before joining with the professional group for dinner at Canoe, acclaimed as one of Canada's best restaurants high atop the TD Bank Tower with incredible views.

Delegates spend the following day at an all day meeting at University Health Network (Toronto General, Toronto Western, Princess Margaret Cancer Centre and Toronto Rehab.). Partners will visit Casa Loma, the former home of Canadian financier Sir Henry Pellatt. Canada's foremost castle is complete with decorated suites, secret passages, an 800-foot tunnel, towers, stables and beautiful 5-acre estate gardens. In the afternoon partners will visit McMichael Canadian Art Gallery, a collection encompassing more than 2,500 paintings, prints and sculptures by Canadian artists. The collection is housed in a large cabin of hand-hewn logs and native stone built by the McMichaels on a hillside overlooking the picturesque Humber Valley. The evening is at leisure.

Next day both delegates and partners set off on a full day excursion to Niagara Falls, one of the world's great natural wonders. See Niagara Hydro Stations, Sir Isaac Brock Monument and

the Floral Clock. Take a guided boat tour within the magnificent Niagara Gorge to experience the power, mist and thunder from the cascades, journeying past the Horseshoe Falls, American Falls and Bridal Veil Falls. Enjoy lunch at Peller Wine Estates, one of Canada's most innovative wineries, and take a vineyard tour. Drive through the fruit and wine region of Ontario to the quaint little town of Niagara-on-the-Lake, the first capital of Upper Canada in 1791. Spend some time relaxing here before returning for an evening spent at your leisure.

Next morning visit the excellent Royal Ontario Museum, which contains six million objects in its collections and forty galleries of art, archaeology and natural science. Spend the morning here before visiting St. Lawrence Old Town and take a tour of its famous food market. In 2012, National Geographic named the St. Lawrence Market the "Best Food Market in the World" for good reason. Quality butchers, salt and fresh fishmongers and exquisite bakeries have been part of this Toronto attraction for over 200 years. In the evening both delegates and partners will host a Society Dinner for their professional peers in beautiful McLean House.

On your final morning in Toronto visit Fort York in the heart of downtown Toronto, which contains Canada's largest collection of original War of 1812 buildings including a 1813 battle site. Spend the rest of the day at leisure before transferring to the airport for your flight back to London.



St. Lawrence Food Market

# Itinerary 3 – 11 June 2016

**B** = Breakfast **L** = Lunch **D** = Dinner

**3 June (Fri) London / Toronto**  
**Am** Depart London with Icelandair via Iceland  
**Pm** Arrive Toronto and transfer to the hotel  
**Eve** Evening at leisure

**4 June (Sat) Toronto** **B D**  
**Am** Toronto city coach tour  
**Pm** Free time to explore the harbour.  
Harbour front lunch followed by a  
harbour cruise  
**Eve** President's Reception Dinner at the  
CN Tower

**5 June (Sun) Toronto** **B**  
**Am** Visit St. Lawrence Antiques Market  
**Pm** Afternoon tour of the Distillery District  
**Eve** Evening at leisure

**6 June (Mon) Toronto** **B D**  
**Am** Delegates - all day meeting at Mount  
Sinai Hospital. Partner Programme:  
morning visit to Art Gallery of Ontario  
and see Henry Moore sculptures  
**Pm** Partner's afternoon visit to Gardiner  
Museum of Ceramics  
**Eve** Dinner hosted by Dr James T Rutka,  
University of Toronto

**7 June (Tue) Toronto** **B D**  
**Am** Delegates - all day meeting at  
St. Michael's and Sunnybrook Hospitals.  
Partner Programme: Guided visit to the  
Bata Shoe Museum

**Pm** Partners at leisure  
**Eve** Dinner at Canoe

**8 June (Wed) Toronto** **B**  
**Am** Delegates - all day meeting at University  
Health Network (Toronto General,  
Toronto Western, Princess Margaret  
Cancer Centre and Toronto Rehab).  
Partner Programme: Visit to Casa Loma  
**Pm** Partner's afternoon visit to McMichael  
Gallery for Canadian Art  
**Eve** Evening at leisure

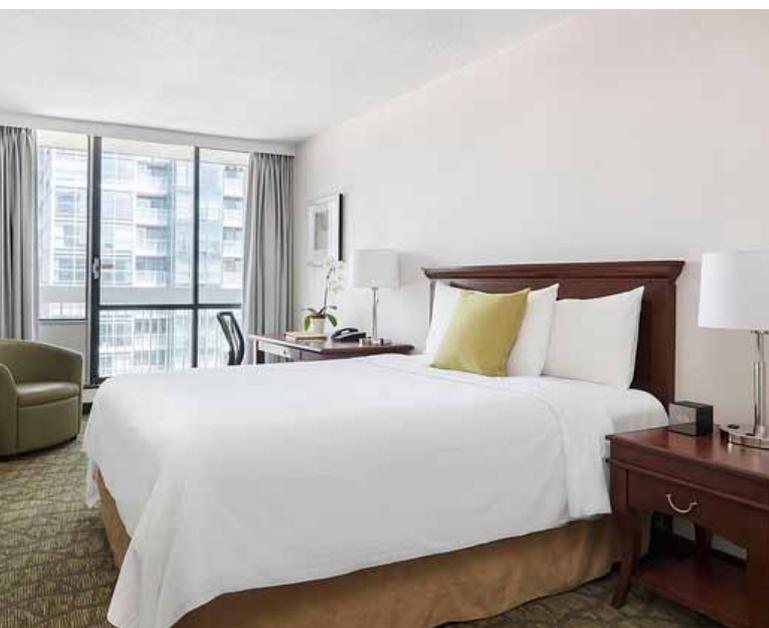
**9 June (Thur) Niagara on the Lake** **B L**  
**Am** Guided tour and boat ride to view  
Niagara Falls  
**Pm** Lunch at Peller Wine Estates and  
vineyard tour. Free time at Niagara-on-  
the-Lake  
**Eve** Evening at leisure

**10 June (Fri) Toronto** **B D**  
**Am** Visit the Royal Ontario Museum  
**Pm** St. Lawrence Old Town and Food Market  
tour  
**Eve** Society Dinner at McLean House:  
Estates of Sunnybrook

**11 June (Sat) Toronto** **B**  
**Am** Visit to Fort York  
**Pm** Afternoon at leisure  
**Eve** Transfer to the airport for flight back to  
London

The beautiful harbour front in Toronto





Reception area, Chelsea Hotel (top);  
Chelsea Room, Chelsea Hotel (above)

## Hotel

### The Chelsea Hotel

The Chelsea Hotel is a business grade hotel with an excellent location in the middle of Toronto. Its substantial size - it is Canada's largest hotel - means that it provides extensive amenities, including an indoor pool and another on the rooftop, as well as bars, restaurants, fitness centre, salon etc. The rooms are very comfortable and the service is friendly.

**Ground only cost of the tour:  
£1,950 per person**

### Cost includes:

- 8 nights' accommodation at the Chelsea Hotel

### Single supplement: £490

- Breakfast daily, one lunch and four dinners including dinner on 6th June hosted by Dr Rutka, University of Toronto
- Transport throughout (excl. international flights)
- All sightseeing tours and admission fees
- Local English speaking guides on the tours and transfers
- Partner programme

### Cost excludes:

- International flights
- All personal extras such as portorage, laundry, inoculation fees, drinks not included with meals and tips
- All optional excursions, tours and visits
- Visas
- Travel insurance
- Airport transfers (if not taking the Icelandair flights)

### Flights

We are holding a group booking with Icelandair.

The flight times are

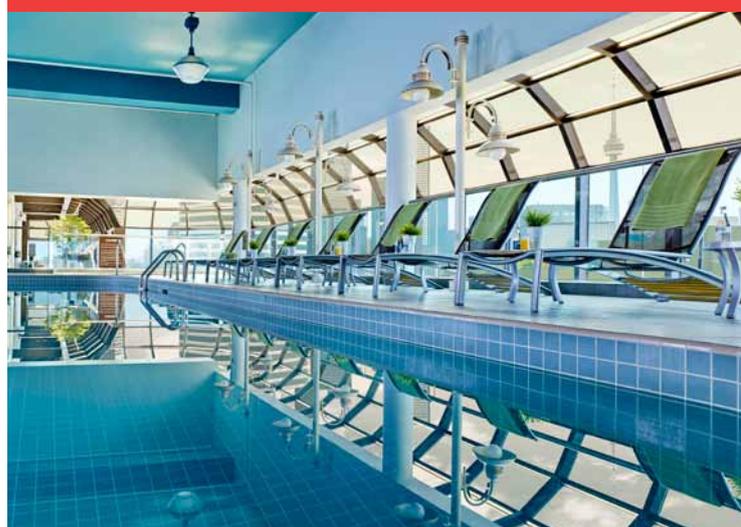
FI 451 03JUN LHRKEF 2 1300 1500

FI 603 03JUN KEFYZZ 1700 1855

FI 602 11JUN YYZKEF 3 2105 0620+1

FI 450 12JUN KEFLHR 0740 1145

The cost of Economy flights are £695 per person. Icelandair offer a premium economy and business class upgrade option. Premium Economy flights are from £1042, and Business from £1420. If you are interested in upgrading then please let us know (all upgrade prices are subject to availability).



# About Jon Baines Tours

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

All the flights and flight-inclusive holidays in this brochure are financially protected by the ATOL scheme. When you pay you will be supplied with an ATOL Certificate. Please ask for it and check to ensure that everything you booked (flights, hotels and other services) is listed on it. Please see our booking conditions for further information or for more information about financial protection and the ATOL Certificate go to:  
[www.atol.org.uk/ATOLCertificate](http://www.atol.org.uk/ATOLCertificate)

**Jon Baines Tours (London)**  
1A Salcott Road, London, SW11 6DQ  
Tel: +44 (0) 207 223 9485/ 5618  
Fax: +44 (0) 207 228 7290  
Email: [info@jonbainestours.co.uk](mailto:info@jonbainestours.co.uk)  
[www.jonbainestours.co.uk](http://www.jonbainestours.co.uk)

**Jon Baines Tours (Melbourne)**  
PO Box 68, South Brunswick,  
Victoria 3055  
Tel: +61 (0) 3 9343 6367  
Fax: +61 (0) 3 9012 4228  
Email: [info@jonbainestours.com.au](mailto:info@jonbainestours.com.au)  
[www.jonbainestours.com](http://www.jonbainestours.com)



Toronto and Niagara by night (top);  
Enjoying the Distillery District; Have lunch at Peller Wine Estate;  
Renowned St. Lawrence Food Market (above)

